## **2021 Tri-Annual Assessment Recommendations**

Healthy Schools Assessment Guide			
Recommendation	Staff Responsible	Status	
The Wellness Committee will meet four times a year instead of two.	Mary Jo & Robyn	Implemented 2021-2022 School Year	
Look for opportunities to allow family members to provide feedback on the meal program and beverages sold, served, and offered on the school campus.	Director of Dining Services & Communications		
Promote activities such as participation in International Walk to School Week, National Walk and Bike to School Week.	Mary Jo, Communications, PE/Health Coordinator		
Provide instruction on walking/bicycling safety to students	Mary Jo, Communications, PE/Health Coordinator		
Create and distribute maps of the school environment (sidewalks, crosswalks, roads, pathways, bike racks, etc.)	Mary Jo, Communications, PE/Health Coordinator		
Consider requiring classroom teachers to participate annually in professional development on promoting and integrating physical activity in the classroom	Mary Jo, Robyn, Assistant Supt of Teaching & Learning, PD Coordinator, PE/Health Coordinator		
Ensure staff/student/parent handbooks clearly state that the school prohibits using physical activity and withholding food, recess or physical education class as punishment.	Mary Jo, Robyn, PE/Health Coordinator		
Ensure consistency of after school physical activity	Mary Jo, After School Activity Coordinators		

offerings at the elementary level.		
Offer staff members accessible and free or low-cost health assessments at least once a year.	Mary Jo	

Survey Results			
Recommendation	Staff Responsible	Status	
Build a clearer communication plan related to the District wellness policy to increase awareness across stakeholder groups and school levels. This plan should include intentional activities to collect feedback from stakeholders about school menu offerings.	Mary Jo, Robyn, Director of Dining Services, Communications		
Collaborate with the current food service provider to determine opportunities to increase fresh food offerings to align to the dietary lifestyles represented in the District.	Mary Jo, Director of Dining Services, Communications		
Create a subcommittee within the District Wellness Committee to focus on initiatives that address the mental health and wellbeing of students and staff.	Robyn	The Board recommended adding Social & Emotional Wellness to the initiatives of this committee. Added committee members who have interest in this area to existing vacancies.	
Continue to collaborate with the Center of Clayton to leverage multipurpose programming relevant to District students and staff.	Mary Jo, Robyn, Molly Troy		